

You are INVITED  
to submit **abstract or symposium proposal** for

# ASSM 2021

May 14-17, 2021  
Beijing, China  
International Hotel Convention Centre

## 3<sup>rd</sup> Congress of Asian Society of Sleep Medicine

The ASSM 2021 Abstract and Symposium Proposal submission sites are now open and ready for your submission. There is no better way to see yourself at ASSM than to be a part of the program! Present new findings, discuss research topics, or contribute to the rich agenda of ASSM 2021.

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### Guideline for Symposium Proposal Submission

**1.** The Scientific Committee encourages proposals on all areas of sleep medicine and basic sleep research, which would be focused on a single topic that is relevant and scientifically excellent. Each symposium presentation should have an integrative nature, forming a whole which is much more than the mere combination of the individual oral presentations.

The standard time allocated per symposium is 90 minutes. There should be one chairperson and four or five speakers to ensure that there is adequate time for a short introduction and a comprehensive final discussion. At least 20% of the total allotted time should be devoted to questions and answers, or to group interaction. Note that at the time of your proposal submission, all speakers must have already agreed to participate in the symposium.

**3.** Deadline for submitting a proposal is **April 1, 2021**.

All symposia proposals will be reviewed and selected by the ASSM 2021 Scientific Committee.

**5.** Submission delay or inappropriate forms will not be considered. The committee's decision on acceptance of the submission will be final.

### Guideline for Abstract Submission

**1.** The Scientific Committee is soliciting abstracts for the following topics at ASSM 2021:

- |  |  |
|--|--|
| 1. Physiology                                  | 12. Sleep and Aging  |
| 2. Behavior                                    | 13. Pediatric Sleep  |
| 3. Dreaming                                    | 14. <b>Sleep Disorders:</b><br>Breathing, Parasomnia,<br>Narcolepsy/Hypersomnia,<br>Insomnia, Circadian Rhythms,<br>Movement Disorders |
| 4. Sleep Deprivation                           | 15. Neurological Disorders and Sleep   |
| 5. Instrument and Methodology                  | 16. Medical Disorders and Sleep  |
| 6. Pharmacology and Biochemistry               | 17. Psychiatric and Behavioral<br>Disorders and Sleep  |
| 7. Learning, Memory, and Cognition             | 18. Others   |
| 8. Healthcare Services and Education           |  |
| 9. Neurobiology                                |  |
| 10. Chronobiology                              |  |
| 11. Cell and Molecular Biology<br>and Genetics |  |

**2.** Authors are required to indicate their preference for either oral or poster presentation by checking the appropriate box on the submission web page.

**3.** Acceptance or rejection of abstracts will be based on rankings given by a peer review of experts in the associated subspecialties. Results of the selection process will be sent out via e-mail. The reviewers' decision is final and cannot be appealed.

**4.** Abstracts should contain original work that has not been presented at major international meetings prior to the ASSM 2021.

**5.** Instructions on the preparation of posters will be included with the notification of acceptance.

**6.** Submission of an abstract indicates acceptance of and compliance with the abstract submission rules, the scientific validity of the presentation and that all authors have read and approved the abstract and its contents.

**7.** All accepted abstracts will be published in an abstract USB and distributed to all delegates.

**8.** Accepted abstracts are official communications to the Congress. The presenting author agrees to register, attend the Congress and present the abstracts as scheduled. All abstract presenters must be registered for the congress by **April 1, 2021** and present abstracts as scheduled. Failure to register by April 1, 2021 will result in the abstract being rejected.

**9.** The Scientific Committee reserves the right to reject abstracts that do not observe the above-mentioned rules.

**10.** The Scientific Committee will review all submitted abstracts. The reviewing process is confidential and decision is final.

### Submission Process:

All symposium proposals and abstracts must be submitted online at **www.assm2021.com**. The online submission site provides additional directions and prompts for submitters to enter the required information.

### KEY DATES

Symposium Submission Deadline

Youth Award Application Deadline

**APRIL 1, 2021**

**APRIL 1, 2021**

Early-bird Registration Deadline

Abstract Submission Deadline

**MARCH 1, 2021**

**APRIL 1, 2021**