



Advances in Foot and Ankle Surgery

The First SICOT-COFAS Combined Meeting

9-10 August 2019 Suzhou, China



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Dear colleagues,

On behalf of SICOT, it is our pleasure to hold the first SICOT international conference of Foot and Ankle. This event will be combined with the Chinese national Foot and Ankle Conference on August 8th-9th 2019 in Suzhou, China. We anticipate more than a thousand participants from around the world will attend this conference and the organizing committee will endeavour to present a scientific program illustrating the most novel concepts and techniques in a case discussion manner.

We are honoured to have some renowned faculty participate in this event. Amongst them, . Dr. Thomas Lee, the immediate past president of the AOFAS, Dr. Drew Murphy from the Campbell Clinic and Chairman of the AOFAS Education Committee, Tom Hearty from Ann Arbor Michigan, Vice Chairman of the AOFAS Education Committee, Dr. Mathieu Assal, immediate Past President of Swiss Foot & Ankle Society, Dr. Vikas Khanduja, Chair of the SICOT Education Academy, Dr. Gowreeson Thevendran, Chair of the SICOT Foot and Ankle section and Dr. Keenwai Chong, President of the Orthopaedic Foot & Ankle Society of Singapore.

Suzhou is about 100 km(62 mile) northwest of Shanghai, has over 2,500 years of history, with an abundant display of relics and sites of historical interest. The city's canals, stone bridges, pagodas, and meticulously designed gardens have contributed to its status as one of the top tourist attractions in China.

We look forward to welcoming you to Suzhou and gracing you with our trademark Chinese hospitality !



Vikas Khanduja

*Chair of SICOT
Education Academy*



Guixing Qiu

Chair of SICOT China



Gowreeson

*Thevendran
Chair of F&A SICOT*



Baoguo Jiang

*Vice Chair of SICOT China
Chair of COFAS*



Dadi Jin

Vice Chair of SICOT China



Huilin Yang

*General secretary of
SICOT China*



Gungrong Yu

*Chair of F&A SICOT China
Vice Chair of COFAS*



Hailin Xu

General secretary of COFAS

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Programm

Thursday, 8 August 2019	Registration
Friday, 9 August 2019	Scientific Sessions Networking Event
Saturday, 10 August 2019	Free papers Networking Event

Abstract Submission

Free paper is open for abstract submission.

Abstract should be sent to michaelzhang120@hotmail.com with topic as SICOT-COFAS.

Abstract submission deadline: **30 June 2019**

Notification of abstract acceptance/refusal: **8 July 2019**

- Only electronically submitted abstracts are accepted.
- Abstracts must not exceed **250 words** in length.
- Abstracts must be written in **English**. We highly recommend that the abstract is **proofread** for spelling and grammar errors by a fluent English speaker before submission. **Abstracts written in poor English have less chance of being accepted.**
- Please **do not use any accents or other special characters** in the abstract and authors' names/institutions.
- Authors' first and last names must be spelled out **in full**. Please do not use any initials.
- Do NOT use all upper-case letters when entering your abstract.
- The abstract's title or authors' names/institutions must NOT be inserted in the 'Content' field.
- No graphs, tables, photographs, or slide presentations are accepted.
- Abstracts will be published as **one paragraph**, so they should not be broken into multiple paragraphs. If you wish to use headings within your abstract, such as Introduction, Methods, Results, etc., they should be added at the beginning of a sentence within the paragraph and a colon (:) should be inserted after each heading.
- Example: Introduction: xxxx xxxx xxxx xxxx . Methods: xxxx xxxx xxxx xxxx. Results: xxxx xxxx xxxx xxxx....etc.

Registration

Registration fee is 150 US dollar 1000RMB

Congress Secretariat accepts the following payment methods: Visa, MasterCard, AliPay, Wechat pay and bank transfer. Site registration is available.

Contact Email for inquire and Visa letter is michaelzhang120@hotmail.com

Conference website: <http://cofassicot.medmeeting.org/en>

Congress Venue

Venue: Worldhotel Grand Dushu lake Suzhou

Address: 299 Qiyue Street, Suzhou Industrial Park, Suzhou, 215123, China

Tel: (86 512) 6956 8888

Fax: (86 512) 6956 8866

Email: reservations@worldhotelgranddushulake.com

http: www.worldhotelgranddushulake.com

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Conference: SICOT Foot & Ankle International Conference		
Date and Time: Friday 9 th of August 2019		
Chairman: Gowreeson Thevendran, Baoguang Jiang, Guangrong Yu		
Secretary: Hailin Xu, Hongtao Zhang, Mingzhu Zhang		
Theme: The Commonest Foot & Ankle		Topics : How I would manage ...
Time	Topic	Speaker
08:00–08:30	Opening remarks	Guangrong Yu (SICOT Chairman of F&A society in China)
	Guest remarks	Gowreeson Thevendran (SICOT Chairman of F&A society)
	Guest remarks	Baoguo Jiang (SICOT Vice Chairman of Chinese society)
	Guest remarks	Vikas Khanduja (Chair of SICOT Education Academy)
	Group photo shot	
08:30–09:30	Keynote Lecture	
09:30–13:00	Deformity & Reconstruction section	
	Case 1: How I would manage a 45 yrs old lady with bunion pain, HVA 23 degrees, IMA 9 degrees and normal DMAA	
	1. I would perform a Chevron Osteotomy / MICA	
	2. I would perform a Scarf Osteotomy	
	3. My choice is the Lapidus	
	4. I would do a proximal osteotomy of the 1st metatarsal	
	Case 2: How I would manage a 65 yrs old who loves to dance and has 1st MTP pain that limits his MTP joint motion	
	1. I would do a chilectomy +/- an osteotomy	
	2. The only solution is a fusion	
	3. I would do a Weil decompression MT1 osteotomy and endoscopic gastrocnemius recession	
	Case discussion –The Forefoot	
	Case 3 : 40 yrs old with Stage 2B AAFD, no midfoot abductus and a mild NC sag	
	1. A corrective osteotomy and soft tissue reconstruction is best	
	2. I would also add a medial column fusion	
	3. I would do a minimally invasive realignment with endoscopic gastrocnemius recession, minimally invasive calcaneal osteotomy, Arthroereisis	
	Case 4 : 36 yrs old with Muller Weiss Disease	
	1. I am a fan of orthobiologic injection + non operative treatment	
	2. I am a fan of excision arthroplasty, debridement with interposition	
	3. I am a fan of fusion	

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09:30–13:00	Case 5 : 50 yrs old with severe floppy midfoot Charcot
	1. I am a fan of internal fixation with plates & screws
	2. I am a fan of intramedullary beams
	3. I am a fan of the external fixator
	Case discussion – The Midfoot
	Case 6 : 50 yrs old golfer with Takakura 3B ankle OA
	1. I am a fan of osteotomies
	2. I am a fan of ankle fusions
	3. I am a fan of ankle replacements
	Case 7 : 1.5 x1.5cm OLT on CT in an active 50 years old
	1. Lets allow for repair
	2. Lets allow for regeneration
	3. Lets allow for replacement
	Case discussion – The Ankle / Hindfoot
Lunch	
14:10–15:00	F&A Trauma section
	1. How I would Manage Ankle Fracture with Deltoid Ligament Rupture?
	2. How I would Manage Ankle Fracture with Syndesmosis Injury?
	3. How I would Manage AO Type C3 Pilon Fracture by two stage plating?
	4. How I would Manage AO Type C3 Pilon Fracture by one stage plating?
	5. How I would Manage Sanders IIIAB Calcaneal fracture by minimally invasive approach?
	6. How I would Manage Sanders IIIAB Calcaneal fracture by extensive lateral approach?
	7. How I would Manage Talar neck fracture with Hawkins type III by dual approach (medial and lateral) ?
	8. How I would Manage Talar neck fracture with Hawkins type III by minimal invasive approach (arthroscopy) ?
	9. How I would Manage Lisfranc injury in Myerson Type C2 dislocation by high energy injury? I would perform primary arthrodesis
	10. How I would Manage Lisfranc injury in Myerson Type C3 dislocation by high energy injury? I would perform ORIF
	Case discussion – Foot & Ankle Trauma
15:00–17:30	Free paper
17:30	End of day
Saturday 10th of August 2019	
09:00–12:00	Free paper